Todd A. McLoda, Ph.D.

EDUCATION

- Doctor of Philosophy, Ohio University, Athens, OH 1996
- Master of Science, Ohio University, Athens, OH 1993
- Bachelor of Science in Health, Ohio University, Athens, OH 1988
 - Major in Athletic Training & Health Education
 - Minor in Biological Sciences

ACADEMIC LEADERSHIP POSITIONS

<u>Interim Dean</u>, College of Education, Illinois State University, Normal, IL July 2023 to present (Term appointment for 2 years)

I work collaboratively and strategically as the chief administrative, fiscal, and academic officer for the college. Provide impactful mentorship to college staff and leadership team. Responsible for the college budget and resource management. Advocate for resources aimed at continuing to grow and improve the college. Serve as a liaison to the IBHE and ISBE on matters related to education policy. Serve as an active member of the Illinois Association of Deans of Public Colleges of Education. Provide general curricular oversight, program development, assessment, and accreditation support. Monitor student admissions, retention, and graduation progress, and work with chairs and directors on student recruitment and retention strategies. Serve as primary representative for ongoing college advancement and fundraising. Provide leadership toward the overall success and vitality of the college. The College of Education includes 83 full-time T/TT faculty, 155 NTT faculty, and 170 staff members with a total enrollment of 2,936 undergraduate and graduate students. The college includes 3 academic units, a teacher education center, and 5 research centers. Additionally, the college includes a 1,083 student P-12 Laboratory School with 105 teachers and 40 staff members.

Selected Accomplishments

- Developed the COE Student Persistence Fund to support students experiencing temporary financial setbacks that prevent continuation of academic goals.
- Promoted faculty efforts in the area of scholarship and grant-writing through support of interdisciplinary investigations and collaborative work between college faculty and laboratory school teachers.
- Collaborated on student retention efforts with our student success center and our academic departments including establishment of the Educator Alumni Mentoring Program.

- Adopted a seed grant program for faculty and staff to engage in funded projects focused on equity, diversity, inclusivity, accessibility, and belonging.
- Exceeded FY24 fundraising goal of \$3.2M by 50%.
- Conducted an analysis of the college budget to align funding sources and expenditures and to address opportunities for efficiency.
- Expanded entrepreneurial program development to support non-traditional students seeking teaching licensure.
- Worked collaboratively with our government relations representative to follow and provide comment on pending state legislation related to teacher education and inservice teachers.
- Led the strategic planning process including data collection, focus group sessions, and small working group sessions to develop the next 5-year plan for the College of Education.
- Promoted a college office staff that is approachable and professional, eager to facilitate success, and that provides genuinely caring service for all internal and external stakeholders.
- Engaged alumni and corporate partners in ongoing development efforts on behalf of the college students, faculty, programs, and facilities.
- Through donor support, added new recruitment and retention scholarships that enhance the competitive advantage of our student recruitment efforts.
- Oversaw annual faculty and staff evaluation, faculty promotion and tenure review, and merit-based salary increases.
- Maintained a balanced college budget annually including general revenue, agency, restricted, and foundation funds.

<u>Dean</u>, College of Applied Science and Technology, Illinois State University January 2017 to June 2023

Served as the chief administrative, fiscal, and academic officer for the college. The College of Applied Science and Technology included 125 full-time T/TT faculty, 99 NTT faculty, and 59 staff members with a total enrollment of 4,746 undergraduate and graduate students. The college included 7 academic units plus U.S. Army ROTC, Gamma Phi Circus, a 23-acre horticulture center, a 600-acre research and teaching farm, and a Child Care Center.

Selected Accomplishments

- Developed a college level student success center (*CAST Connections*) to support students through enhanced individualized attention, promotion of belongingness, mentorship, and community outreach.
- Fostered a faculty mentorship program in the area of research and scholarly productivity including grant funding both pre-award and post-award.
- Facilitated the addition of new academic programs including an interdisciplinary program in data science, an undergraduate program in cybersecurity, a graduate program in computer science, and several new accelerated master's degree programs to encourage students seeking a bachelor's and master's degree in the same area.

- Developed a faculty and staff professional development fund to support ongoing training and education for all college employees.
- Hosted faculty and staff in annual professional development programs provided by expert speakers on student diversity, equity, and inclusion which contribute to a welcoming environment and enhanced student retention; invited speaker program titles included *Microaggressions; Decolonizing Course Materials; Facilitating Dialogue on Controversial Issues; Cultivating a Practice of Equity Mindedness;* and *Choir, Ally, Oblivious, Resisters, and the Deviant.*
- Established a college-level committee of faculty and staff focused on diversity, equity, belongingness, and inclusivity; committee evaluated college progress on key initiatives and oversaw an internal grant program for grassroots efforts in support of EDI initiatives.
- Added new faculty and staff awards to recognize efforts in scholarship, teaching, and service.
- Coordinated with college stakeholders in the development of a new strategic plan along with ongoing assessment of the 5-year plan that served as a roadmap for prioritizing initiatives and resource allocation.
- Engaged alumni and corporate partners in ongoing development efforts on behalf of the college students, faculty, programs, and facilities; exceeded comprehensive fundraising campaign goal for college 1 year ahead of the campaign conclusion. The college endowment more than tripled in value (\$6.4M to \$19.5M) during this 6 ½ year period.
- Developed a financial support program (Persistence Fund) to assist students experiencing housing or food insecurity.
- With donor support, added new recruitment and retention scholarships that enhanced the competitive advantage of our student recruitment efforts.
- Oversaw annual faculty and staff evaluation, faculty promotion and tenure review, faculty post-tenure review, and merit-based salary increases.
- Encouraged expansion of student opportunities for "*Learning Beyond Normal*" including study abroad and a Washington, D.C. student internship program.
- Maintained a balanced college budget annually including general revenue, agency, and foundation funds.
- Expanded college facilities including acquisition of 80 additional acres of tillable land for the Research Farm, acquisition of a former fire station that we repurposed as a forensic science and construction management laboratory, and acquisition of an existing campus building for the growing agriculture programs.

<u>Senior Associate Dean</u>, College of Applied Science and Technology Illinois State University, July 2015 to December 2016

<u>Associate Dean</u>, College of Applied Science and Technology, Illinois State University July 2009 to June 2015

<u>Assistant Director</u>, School of Kinesiology and Recreation, Illinois State University July 2006 to June 2009

FACULTY & TEACHING POSITIONS

Professor of Athletic Training (with tenure), School of Kinesiology and Recreation, Illinois State University, 2011 to present

Associate Professor (with tenure) and Director of Athletic Training Education Illinois State University, 2005 to 2011

Assistant Professor and Director of Athletic Training Education, Illinois State University, 2000 to 2005

Assistant Professor of Physical Education and Athletic Training; Director of Athletic Training Education; and Staff Athletic Trainer, Wingate University, Wingate, NC, 1996 to 2000

Graduate Teaching Associate, Ohio University, Athens, OH, 1992 to 1996

CLINICAL ATHLETIC TRAINING POSITIONS

Staff Athletic Trainer for softball, Wingate University, Wingate, NC, 1996 to 2000

Graduate Assistant Athletic Trainer for women's field hockey and men's basketball, Ohio University, Athens, OH, 1992 to 1996

Staff Athletic Trainer, Medina General Hospital, Medina, OH, 1990 to 1992

Staff Athletic Trainer, HealthSouth Rehabilitation & OSI Rehabilitation, Inc., Elyria, OH, 1988 to 1990

SCHOLARSHIP

Refereed Journal Articles (* denotes student)

*Anderson, E.M., Stanek, J.M., McLoda, T.A., Heiman, B., Jagodinsky, A. (Online ahead of print). Alterations in foot positioning during ankle taping and its effects on range of motion and jump performance in dancers. *International Journal of Athletic Therapy & Training*. https://doi.org/10.1123/ijatt.2024-0013.

*Wooldridge, J.D., Selkow, N.M., McLoda, T.A., Radzak, K.N. (2022). US Army Reserve Officers' Training Corps cadets' knowledge of exercise-related musculoskeletal injuries. *International Journal of Exercise Science* 15(3):300-312. *Willeford, K., Stanek, J., McLoda, T. (2018). Collegiate football players' ankle range of motion and dynamic balance between braced and self-adherent taped conditions. *Journal of Athletic Training* 53(1):66-71.

Hawkins, J.R., McLoda, T.A., Stanek, J.M. (2015). A subjective and objective process for athletic training student selection. *Athletic Training Education Journal* 10(2):183-189.

*Post, E., Laudner, K.G., McLoda, T.A., Wong, R. (2015). Correlation of shoulder and elbow kinetics with ball velocity in collegiate baseball pitchers. *Journal of Athletic Training* 50(6):629-633.

Laudner, K., *Compton, B.D., McLoda, T.A., *Walters, C.M. (2014). Acute effects of instrument assisted soft tissue mobilization for improving posterior shoulder range of motion in collegiate baseball players. *International Journal of Sports Physical Therapy* 9(1):1-7.

*Williams, J.G., Laudner, K.G., McLoda, T.A. (2013). The acute effects of two passive stretch maneuvers on pectoralis minor length and scapular kinematics among collegiate swimmers. *International Journal of Sports Physical Therapy* 8(1):25-33.

*Davis Hammonds, A.L., Laudner, K.G., McCaw, S., McLoda, T.A. (2012). Acute lower extremity running kinematics after a hamstring stretch. *Journal of Athletic Training* 47:5-14.

*Stanek, J.M., McLoda, T.A., *Csiszer, V.J., Hansen, A.J. (2011). Hip- and trunk-muscle activation patterns during perturbed gait. *Journal of Sport Rehabilitation* 20:287-295.

*Moore, S.D., Laudner, K.G., McLoda, T.A., Shaffer, M. (2011). The immediate effects of muscle energy technique on posterior shoulder tightness: A randomized controlled trial. *Journal of Orthopaedic & Sports Physical Therapy* 41(6):400-407.

Laudner, K.G., *Moline, M.T., McLoda, T.A., McCaw, S.T. (2011). Talocrural joint mobilization's lack of effect on postural control in healthy subjects. *Journal of Sport Rehabilitation* e-pub (Technical Notes 2):1-9.

*Henry, B.P., McLoda, T.A., Docherty, C., Schrader, J. (2010). The effect of plyometric training at the ankle on peroneal latency. *Journal of Sport Rehabilitation* 19:288-300.

McLoda, T.A., *Stanek, J.M., Hansen, A.J., McCaw, S.T. (2009). A task failure exercise has no effect on the electromechanical delay of the peroneus longus. *Electromyography and Clinical Neurophysiology* 49(2-3):109-115.

*Curtis, C.K., Laudner, K.G., McLoda, T.A., McCaw, S.T. (2008). The role of shoe design in ankle sprain rates among collegiate basketball players. *Journal of Athletic Training* 43(3):230-233.

Hopkins, J.T., McLoda, T.A., & McCaw, S.T. (2007). Muscle activation following sudden ankle inversion during standing and walking. *European Journal of Applied Physiology* 99:371-378.

*Stanek, J., McLoda, T.A., McCaw, S.T., Laudner, K. (2006). The effect of external ankle support on the electro-mechanical delay of the peroneus longus. *Electromyography and Clinical Neurophysiology* 46:349-354.

Hopkins, J.T., Hunter, I., & McLoda, T. (2006). Effects of ankle joint cooling on peroneal short latency response. *Journal of Sports Sciences and Medicine* 5:333-339.

McLoda, T.A., *Hansen, A.J. (2005). Effects of a task failure exercise on the peroneus longus and brevis during perturbed gait. *Electromyography and Clinical Neurophysiology* 45(1):53-58.

Hopkins, J.T., McLoda, T.A., Seegmiller, J.G. Baxter, G.D. (2004). Low-level laser therapy facilitates superficial wound healing in humans: A triple-blind sham-controlled study. *Journal of Athletic Training* 39(3):223-229.

McLoda, T.A., *Hansen, A.J., *Birrer, D.A. (2004). EMG analysis of peroneal and tibialis anterior muscle activity prior to foot contact during functional activities. *Electromyography and Clinical Neurophysiology* 44(4):223-227.

McLoda, T.A., *Murphy, K.M., Davison, S. (2003). Functional effects of inertial training of the upper extremity. *Journal of Sport Rehabilitation* 12(3):229-239.

McLoda, T.A. (2003). Problem-based learning in allied health and medicine. *Internet Journal of Allied Health Sciences & Practice* 1(1). ISSN 1540-580X; http://ijahsp.nova.edu

Andersen, J. C., Courson R., Kleiner, D., McLoda, T. (2002). NATA Position Stand: Emergency planning for athletics. *Journal of Athletic Training* 37(1):99-104.

McLoda, T. A., *Carmack, J. (2000). Optimal burst duration during a facilitated quadriceps femoris contraction. *Journal of Athletic Training* 35(2):145-150.

Scholarly Work in Progress

Stanek, J.M., McLoda, T.A., & Jagodinsky, A. The effects of shoe collar height on core and distal lower limb muscular response to unexpected ankle perturbation. (In preparation).

Refereed Conference Proceedings (* denotes student)

McLoda, T.A., *Johnston, E.L., & Hansen, A.J. (January 2005). *Instructional approaches to encourage critical thinking in undergraduate athletic training education*. Proceedings at the National Athletic Trainers' Association (NATA) Athletic Training Educators' Conference.

McCaw, S.T., Hopkins, J.T., McLoda, T.A., *Birrer, D.A. & Seegmiller, J.G. (September 2003). *Reliability of muscle activity measures during perturbed gait*. Proceedings of the 27th Annual Meeting of the American Society of Biomechanics.

Seegmiller, J.G. & McLoda, T.A. (June 2003). *Prototype electronic portfolio for athletic training education*. Proceedings at the 54th Annual NATA Meeting and Clinical Symposia.

McLoda, T. A. (January 2003). *Learning to learn: Applying problem-based learning to instruction and assessment of clinical proficiencies*. Proceedings at the NATA Athletic Training Educators' Conference.

Seegmiller, J. G. & McLoda, T. A. (January 2003). *Electronic portfolios in athletic training education*. Proceedings at the NATA Athletic Training Educators' Conference.

McLoda, T. A. & Andersen, J. C. (January 1999). Are you ready for change?: The curricular and instructional advantages of problem-based learning. Proceedings at the NATA Athletic Training Educators' Conference.

Refereed Abstracts (* denotes student)

*McDaniel, R.L., McLoda, T., Selkow, N. (June 2017). A comparison of blood flow changes in tissues treated with therapeutic ultrasound and neuro-muscular electrical stimulation. *Journal of Athletic Training* 52(6), S-310.

*Wooldridge, J.M., Selkow, N.M., McLoda, T.A., Antosz E. (June 2015). The type of biofeedback has no influence on transverse abdominis activation. *Journal of Athletic Training* 50(6), S-238.

*Post, E., Laudner, K., McLoda, T., Wong, R., Meister, K. (June 2014). Correlation of shoulder and elbow kinetics with ball velocity in collegiate baseball pitchers. *Journal of Athletic Training* 49(3), S-95.

*Williams, J.G., Laudner, K.G., McLoda, T. (June 2011). The acute effects of two passive stretch maneuvers on the scapular kinematics of collegiate swimmers. *Medicine and Science in Sports and Exercise* 43(5), S-500.

*Gordon, J., Laudner, K.G., McCaw, S.T., McLoda, T., Onate, J. (May 2010). Hip strength does not differ between dominant and non-dominant legs of competitive ice hockey players. *Medicine and Science in Sports and Exercise* 42(5), S-148-149.

*Noel, B.L., McLoda, T.A. (May 2010). Gender differences in postural control among collegiate basketball athletes. *Journal of Athletic Training* 45(3), S69.

Sipes, R.C., McLoda, T.A., Broadbear, J.T. (May 2010). The importance of critical thinking dispositions to success in athletic training education. *Journal of Athletic Training* 45(3), S-15.

*Gordon, J.R., Laudner, K.G., *Brayfield, P., *Moore, S.D., McLoda, T.A., McCaw, S. (June 2009). Hip flexibility and strength characteristics in semi-professional and collegiate ice hockey athletes. *Journal of Athletic Training* 44(3), S-108.

McLoda, T.A., *Csiszer V.J., *Stanek J.M., Hansen A.J. (June 2008). The effect of perturbed gait on selected muscles in the kinetic chain. *Journal of Athletic Training* 43(3), S-122.

McLoda, T.A., McCaw, S.T., *Hansen, A.J. (June 2006). A task failure exercise has no effect on the electromechanical delay of the peroneus longus. *Journal of Athletic Training* 41(2), S-16.

McLoda, T.A., Hopkins, J.T., & McCaw, S.T. (June 2004). A comparison of ankle muscle reaction times following sudden ankle inversion during walking and standing. *Journal of Athletic Training*_39(2), S-9.

Hopkins, T., McLoda, T.A., & McCaw, S.T. (May 2004). A comparison of ankle muscle activity following sudden ankle inversion during walking and standing. *Medicine & Science in Sports & Exercise* 36(5), S177-178.

McLoda, T.A. & *Birrer, D.A. (June 2003). Pre-activity of the tibialis anterior, peroneus longus, and peroneus brevis during walking, jogging, and drop landing. *Journal of Athletic Training* 38(2), S-21.

Hopkins, J.T., McLoda, T.A., & Seegmiller, J.G. (June 2003). Effects of low-level laser on superficial wound healing. *Journal of Athletic Training* 38(2), S-33.

Hansen, A. J., Newton, M., & McLoda, T. A. (June 2003). Athletes' perceptions of psychological interventions in injury rehabilitation. *Journal of Athletic Training* 38(2), S-82.

McLoda, T. A. & *Murphy, K. M. (June 2002). Functional effects of inertial training of the upper extremity. *Journal of Athletic Training* 37(2), S-18.

Grants and Contracts (\$727,851 in externally sponsored contracts and grants)

External Funding (\$268,770)

\$250,000 Illinois Department of Commerce and Economic Opportunity. (2012). For: *Illinois State University ROTC Facilities Enhancements*. (Funded).

\$31,256. NATA Research & Education Foundation. (2009). PI for: A prospective study of the relationship between postural sway, ankle strength, ankle range of motion, history of ankle injury, and ankle sprains among high school court athletes. (Not funded).

\$4,599 Illinois Association for Health, Physical Education, Recreation, and Dance. (2008). PI for: A prospective study of the relationship between postural sway, ankle strength, ankle range of motion, and ankle sprains among high school court athletes. (Funded).

\$4,716 Illinois Association for Health, Physical Education, Recreation, and Dance. (2006). PI for: *A comparison of intervention programs for the prevention of inversion ankle sprains*. (Funded).

\$14,088 NATA Research and Education Foundation. (2006). PI for: *Postural sway as a predictor of ankle injury among high school athletes*. (Not Funded).

\$4,900 Illinois Association for Health, Physical Education, Recreation, and Dance. (2003). PI for: *Effects of ankle joint cryotherapy on dynamic restraint characteristics*. (Funded)

\$4,555 Illinois Association for Health, Physical Education, Recreation, and Dance. (2002). PI for: *Peroneal characteristics following sudden ankle inversion during standing and walking*. (Funded)

\$7,981 American College of Sports Medicine. (2001). Co-PI for: *Comparison of sudden ankle inversion during standing and walking*. (Not Funded)

Contracts and Sponsored Projects (\$459,081)

\$130,225 Sports Enhancement Center, Local High Schools, Bradley University, and Illinois Wesleyan University (2005). To provide graduate assistant athletic trainers as athletic health care personnel at the designated sites. (Funded)

\$89,780 Bloomington-Normal High Schools, Bradley University, and Illinois Wesleyan University (2004). To provide graduate assistant athletic trainers as athletic health care personnel at the designated sites. (Funded) \$71,528 Bloomington-Normal High Schools and Illinois Wesleyan University (2003). To provide graduate assistant athletic trainers as athletic health care personnel at the designated sites. (Funded)

\$66,023 Bloomington-Normal High Schools, and Illinois Wesleyan University (2002). To provide graduate assistant athletic trainers as athletic health care personnel at the designated sites. (Funded)

\$101,525 Bloomington-Normal Sports Medicine Clinics, High Schools, and Illinois Wesleyan University (2001). To provide graduate assistant athletic trainers as athletic health care personnel at the designated sites. (Funded)

Internal Funding (\$36,165)

\$5,500 University Research Grant, Illinois State University. (2007). A prospective study of the relationship between ankle strength, ankle range of motion, ankle sprain history, and ankle sprains among high school court athletes. (Funded).

\$5,000 University Research Grant, Illinois State University. (2006). *The incidence of contralateral hip action during unexpected ankle inversion*. (Funded).

\$5,500 University Research Grant, Illinois State University. (2005). *The effects of muscle fatigue on the electromechanical delay of the peroneals*. (Funded).

\$4,900 University Research Grant, Illinois State University. (2004). *The amplitude of peroneal and tibialis anterior force associated with perturbed gait*. (Funded).

\$5,000 University Research Grant, Illinois State University. (2003). *The effects of muscle fatigue on peroneal reaction time during unexpected ankle inversion*. (Funded).

\$5,265 University Research Grant, Illinois State University. (2002). *EMG analysis of peroneal and tibialis anterior muscle activity prior to heel strike during functional activities*. (Funded).

\$5,000 University Research Grant, Illinois State University. (2001). *Functional effects of inertial training of the upper extremity*. (Funded)

Peer Reviewed National & International Presentations (* denotes student)

Stanek, J.M., Carroll, E.M., Jagodinsky, A.E., Salvadore, A.K., McLoda, T.A. (January 2022). Big Sky Athletic Training Sports Medicine Conference. *The correlation between ankle proprioception and lower extremity muscle reactions in response to simulated ankle sprains*. Big Sky, MT. Wooldridge, J., Selkow, N., McLoda, T., (February 2020). 5th International Congress on Soldiers' Physical Performance, *Impact of a Single Injury Prevention Instructional Session on the Incidence of Injury among U.S. Army ROTC Cadets*. Quebec City, Quebec.

Stanek, J.M., *Grotts, J., Jagodinsky, A.E., McLoda, T.A. (February 2020). Big Sky Athletic Training Sports Medicine Conference. *The effects of shoe collar height on proximal and distal lower limb muscular response to unexpected perturbation*. Big Sky, MT.

*McDaniel, R.L., McLoda, T., Selkow, N. (June 2017). A comparison of blood flow changes in tissues treated with therapeutic ultrasound and neuro-muscular electrical stimulation. Presented at the National Athletic Trainers' Association (NATA) Clinical Symposia and AT Expo, Houston, TX.

*Wooldridge, J.M., Selkow, N.M., McLoda, T.A., Antosz E. (June 2015). *The type of biofeedback has no influence on transverse abdominis activation*. Presented at the NATA Clinical Symposia and AT Expo, St. Louis, MO.

*Post, E., Laudner, K., McLoda, T., Wong, R., Meister, K. (June 2014). *Correlation of shoulder and elbow kinetics with ball velocity in collegiate baseball players*. Presented at the NATA Clinical Symposia and AT Expo, Indianapolis, IN.

*Williams, J.G., Laudner, K.G., McLoda, T.A. (June 2011). *The acute effects of two passive stretch maneuvers on the scapular kinematics of collegiate swimmers*. Presented at the American College of Sports Medicine Annual Meeting, Denver, CO.

Laudner, K.G., *Compton, B., *Walters, C., & McLoda, T.A. (September 2010). *The Graston technique is an effective acute treatment for posterior shoulder tightness*. Presented at the 3rd International Congress of Shoulder and Elbow Therapists, Edinburgh, United Kingdom.

*Gordon, J.R., Laudner, K.G., *Brayfield, P., *Moore, S.D., McLoda, T.A., McCaw, S. (June 2010). *Hip flexibility and strength characteristics in semi-professional and collegiate ice hockey athletes*. Presented at the American College of Sports Medicine, Baltimore, MD.

Noel, B.L. & McLoda, T.A. (June 2010). *Gender differences in postural control among collegiate basketball players*. Presented at the NATA Annual Meeting and Clinical Symposia, Philadelphia, PA.

Sipes, R.C., McLoda, T.A., Broadbear, J.T. (June 2010). *The importance of critical thinking dispositions to success in athletic training education*. Presented at the NATA Annual Meeting and Clinical Symposia, Philadelphia, PA.

*Noel, B.L., McLoda, T.A., *Stanek, J.M., Hansen, A.J., & McCaw, S.T. (June 2009). *A* comparison of ankle muscle activation during normal and perturbed gait using a dual axis runway. Presented at the NATA Annual Meeting and Clinical Symposia, San Antonio, TX.

*Henry, B., McLoda, T., Docherty, C., & Schrader, J. (June 2009). *The effect of plyometric training at the ankle on peroneal latency*. Presented at the NATA Annual Meeting and Clinical Symposia, San Antonio, TX.

*Moore, S.D., Laudner, K.G., *Somers, A.K., McLoda, T.A., Shaffer, M. (June 2009). *A* randomized, controlled study of the acute effects of muscle energy techniques on posterior shoulder tightness. Presented at the NATA Annual Meeting and Clinical Symposia, San Antonio, TX.

*Gordon, J.R., Laudner, K.G., *Brayfield, P., *Moore, S.D., McLoda, T.A., McCaw, S. (June 2009). *Hip flexibility and strength characteristics in semi-professional and collegiate ice hockey athletes*. Presented at the NATA Annual Meeting and Clinical Symposia, San Antonio, TX.

Hansen, A.J. & McLoda, T.A. (February 2009). *Going beyond accreditation: What defines a quality athletic training education program?* Presented at the NATA Athletic Training Educators' Conference, Washington, D.C.

McLoda, T.A., *Csiszer, V.J., *Stanek, J.M., & Hansen, A.J. (June 2008). *The effect of perturbed gait on selected muscles of the kinetic chain*. Presented at the NATA Annual Meeting and Clinical Symposia. St. Louis, MO.

McLoda, T.A., McCaw, S.T., Hansen, A.J. (June 2006). *A task failure exercise has no effect on the electromechanical delay of the peroneus longus*. Presented at the NATA Annual Meeting and Clinical Symposia. Atlanta, GA.

McLoda, T.A., *Johnston, E.L., & Hansen, A.J. (January 2005). *Instructional approaches to encourage critical thinking in undergraduate athletic training education*. Presented at the NATA Athletic Training Educators' Conference. Houston, TX.

McLoda, T.A., Hopkins, J.T., & McCaw, S.T. (June 2004). *A comparison of ankle muscle reaction times following sudden ankle inversion during walking and standing*. Presented at the NATA Annual Meeting and Clinical Symposia. Baltimore, MD.

McCaw, S.T., Hopkins, J.T., McLoda, T.A., *Birrer, D.A. & Seegmiller, J.G. (September 2003). *Reliability of muscle activity measures during perturbed gait*. Presented at the Annual Meeting of the American Society of Biomechanics, Toledo, OH. McLoda, T. A. & *Birrer, D. A. (June 2003). *EMG analysis of peroneal and tibialis anterior muscle activity prior to heel strike during functional activities*. Presented at the NATA Annual Meeting and Clinical Symposia. St. Louis, MO.

Hopkins, J. T., McLoda, T. A., & Seegmiller, J. G. (June 2003). *Effects of low-level laser on superficial wound healing*. Presented at the NATA Annual Meeting and Clinical Symposia. St. Louis, MO.

Seegmiller, J. G. & McLoda, T. A. (June 2003). *Prototype electronic portfolio for athletic training education*. Presented at the NATA Annual Meeting and Clinical Symposia. St. Louis, MO.

*Hansen, A. J., Newton, M., & McLoda, T. A. (June 2003). *Athletes' perceptions of psychological interventions in injury rehabilitation*. Presented at the NATA Annual Meeting and Clinical Symposia. St. Louis, MO.

McLoda, T. A. (January 2003). *Learning to learn: Applying problem-based learning to instruction and assessment of clinical proficiencies*. Presented at the NATA Athletic Training Educators' Conference. Houston, TX.

Seegmiller, J. G. & McLoda, T. A. (January 2003). *Electronic portfolios in athletic training education*. Presented at the NATA Athletic Training Educators' Conference. Houston, TX.

McLoda, T. A. & *Murphy, K. M. (June 2002). *Functional effects of inertial training of the upper extremity*. Presented at the NATA Annual Meeting and Clinical Symposia. Dallas, TX.

McLoda, T. A. & J. C. Andersen. (January 1999). *Are you ready for change? The curricular and instructional advantages of problem-based learning*. Presented at the NATA Athletic Training Educators' Conference. Fort Worth, TX.

Peer Reviewed Regional & State Presentations (* denotes student)

*Moline, M., Laudner, K., McLoda, T., McCaw, S. (April 2009). *The effects of ankle joint mobilizations on postural sway*. Presented at the Rocky Mountain Athletic Trainers' Association Annual Meeting, St. Lake City, UT.

McLoda, T.A., *Stanek, J.M., *Noel, B.L., Hansen, A.J., McCaw, S.T. (March 2009). *A comparison of ankle muscle activation during normal and perturbed gait using a dual axis runway*. Presented at the Great Lakes Athletic Trainers' Association Annual Meeting, Ft. Wayne, IN.

*Stanek, J.M., McLoda, T.A., Hansen, A.J. (November 2008). *The effect of perturbed gait on selected muscles of the kinetic chain*. Presented at the Annual Meeting of the Illinois Association for Health, Physical Education, Recreation & Dance, St. Charles, IL.

McLoda, T.A., *Stanek, J.M., Laudner, K., & McCaw, S. (March 2007). *The effects of external support on electromechanical delay of the peroneus longus muscle*. Presented at the Great Lakes Athletic Trainers' Association Annual Meeting. St. Charles, IL.

McLoda, T.A. & Hopkins, J.T. (November 2005). *Effects of ankle joint cooling on dynamic muscle restraint*. Presented at the Annual Meeting of the Illinois Association for Health, Physical Education, Recreation, & Dance. St. Charles, IL.

McLoda, T.A. (November 2004). *Peroneal characteristics following sudden ankle inversion during standing and walking*. Presented at the Annual Meeting of the Illinois Association for Health, Physical Education, Recreation, & Dance. St. Charles, IL.

Hansen, A.J. & McLoda, T.A. (November 2004). *A comparison of ankle muscle activity following sudden ankle inversion during walking and standing*. Presented at the Annual Meeting of the Illinois Association for Health, Physical Education, Recreation, & Dance. St. Charles, IL.

Invited Scholarly Presentations

McLoda, T.A. (February 2011). *Emergency preparedness in athletics*. Presented to the faculty and students of the graduate athletic training program at Indiana University, Bloomington, IN.

McLoda, T.A. (May 2010). *Get your back moving*. Presented at the VIII International Workshop for Research Circles and Young Scientists "Movement as medicine." Glucholazy, Poland.

McLoda, T.A. (October 2009). *Ongoing lessons in understanding the etiology of inversion ankle sprains*. Presented to the students, faculty, and administration of Opole University of Technology, Opole, Poland.

McLoda, T.A. (June 2005). *Solutions to understanding therapeutic modalities*. Presented at the Student Session of the 56th NATA Annual Meeting and Clinical Symposia, Indianapolis, IN.

McLoda, T.A. (April 2005). *Ongoing lessons in explaining the frequency and care of inversion ankle sprains*. Presented to the faculty and students of the graduate athletic training program at the University of Illinois, Urbana, IL.

Campus Presentations (* denotes student)

*Anderson, E., Stanek, J., McLoda, T., Hileman, L. (April 2017). Alterations in foot position during ankle taping and its effects on range of motion and jump performance in dancers. Presented at the ISU Research Symposium, Normal, IL.

*McDaniel, R.M., McLoda, T.A., Selkow, N. (April 2016). *A comparison of blood flow changes in tissues treated with therapeutic ultrasound and electrical stimulation*. Presented at the ISU Research Symposium, Normal, IL.

*Noel, B.L. & McLoda, T.A. (April 2010). *Gender differences in postural control among collegiate basketball athletes*. Presented at the ISU Undergraduate Research Symposium, Normal, IL.

*Moore, S.D., Laudner, K.L., *Somers, A.K., McLoda, T.A., Shaffer, M. (March 2009). *A* randomized, controlled study of the acute effects of muscle energy techniques on posterior shoulder tightness. Presented at the ISU Graduate Research Symposium, Normal, IL.

*Gordon, J.R., Laudner, K.G., *Brayfield, P., *Moore, S.D., McLoda, T.A., McCaw, S. (March 2009). *Hip flexibility and strength characteristics in semi-professional and collegiate ice hockey athletes*. Presented at the ISU Graduate Research Symposium, Normal, IL.

*Somers, A.K., *Moore, S.D., Laudner, K.L., McLoda, T.A., Shaffer, M. (April 2009). A randomized, controlled study of the acute effects of muscle energy techniques on posterior shoulder tightness. Presented at the ISU Undergraduate Research Symposium, Normal, IL.

*Brayfield, P., *Gordon, J.R., Laudner, K.G., *Moore, S.D., McLoda, T.A., McCaw, S. (April 2009). *Hip flexibility and strength characteristics in semi-professional and collegiate ice hockey athletes*. Presented at the ISU Undergraduate Research Symposium, Normal, IL.

*Moline, M., Laudner, K., McCaw, S., & McLoda, T. (March 2008). *The effects of ankle joint mobilizations on postural sway*. Presented at the ISU Graduate Research Symposium, Normal, IL.

*Davis, A., Laudner, K., McCaw, S., & McLoda, T. (March 2008). *The acute effects of a hamstring stretch on lower extremity kinematics during running*. Presented at the ISU Graduate Research Symposium, Normal, IL.

*Hansen, A.J. & McLoda, T.A. (March 2007). *Going beyond accreditation: What defines a quality athletic training education program?* Presented at the ISU Graduate Research Symposium, Normal, IL.

*Hansen, A.J. & McLoda, T.A. (April 2005). *Effects of a task failure exercise on the peroneus longus and brevis during perturbed gait*. Presented at the ISU Graduate Research Symposium, Normal, IL.

*Tomlinson, A., Laudner, K., & McLoda, T.A. (April 2004). *The comparison of two proprioceptive neuromuscular facilitation (PNF) strengthening techniques to augment hamstring strength in male collegiate athletes*. Presented at the ISU Graduate Research Symposium, Normal, IL.

*Hansen, A.J. & McLoda, T. (April 2003). *Athletes' perceptions of psychological interventions in injury rehabilitation*. Presented at the ISU Graduate Research Symposium, Normal, IL.

ACADEMIC PROGRAM DEVELOPMENT

Illinois State University, College of Engineering

- Served on the task force and the subsequent planning committee to establish a new college.
- Served as chair of the curriculum review committee for engineering courses and program proposals in support of EE, ME, and general engineering.

Illinois State University, New Program Co-Development

- Interdisciplinary Major in Data Science (committee member)
- Athletic Training Major (committee chair)

GRADUATE STUDENT COMMITTEES

Committee Type	Committee Role	Project Title	Year
Thesis	Member	Impact of a single injury prevention session on the	2018-2019
		incidence of injury among U.S. Army ROTC cadets	
Thesis	Co-Chair	A comparison of neutral and dorsiflexed ankle	2016-2017
		taping on range of motion and ground reaction	
		forces among competitive dancers	
Thesis	Chair	A comparison of blood flow changes in tissues	2015-2016
		treated with therapeutic ultrasound and electrical	
		stimulation	
Thesis	Co-Chair	The effects of self-adherent tape and lace up	2014-2015
		ankle braces on ankle range of motion and	
		dynamic balance in collegiate football players	
Thesis	Member	The effect of biofeedback during a 6-week core	2013-2014
		stabilization exercise regimen	
Thesis	Member	Correlation of shoulder and elbow kinetics with	2013-2014
		ball velocity in college baseball pitchers	
Thesis	Member	Shoulder and elbow injury trends in collegiate	2011-2012
		baseball and softball players by position	

Thesis	Member	The effects of a toning athletic shoe on lower extremity muscle activation	2011-2012
Thesis	Member	A new myofascial release technique for lengthening the pectoralis minor	2009-2010
Thesis	Member	The effectiveness of Graston for treating posterior shoulder tightness among baseball players	2009-2010
Dissertation	Member	Athletic trainers' knowledge, beliefs, and implementation of evidence-based practice	2008-2010
Dissertation	Member	The importance of critical thinking dispositions to success in athletic training education	2008-2009
Thesis	Member	Does a single application of MET result in greater GH internal rotation ROM and posterior shoulder flexibility in collegiate baseball players?	2008-2009
Thesis	Member	A comparison of hip range of motion and strength between semi- professional men's ice hockey athletes and non-ice hockey athletes	2008-2009
Doctoral Program Committee	Member	Wrote and evaluated a comprehensive examination question in content area	2007-2008
Thesis	Member	The effect of plyometric training at the ankle on peroneal latency	2007-2008
Thesis	Co-Chair	The effects of joint mobilizations on postural sway	2007-2008
Thesis	Member	Student factors for selecting a post-professional graduate program for athletic training	2007-2008
Thesis	Member	The effect of cognitive distractions on single-leg landings in females who have suffered ACL injures	2007-2008
Thesis	Member	Shoulder range of motion and gleno-humeral translation characteristics in collegiate softball pitchers	2007-2008
Thesis	Member	The effects of an acute hamstring stretch on lower extremity kinematics during running	2007-2008
Doctoral Program Committee	Member	Wrote and evaluated a comprehensive examination question in content area	2006-2007
Thesis	Member	Football coaches' perceptions of the athletic trainer's role during the football season and the contrasting/comparative perceptions of their athletic trainers	2006-2007
Thesis	Co-Chair	An EMG analysis of core exercises	2006-2007
Dissertation	Member	Going beyond accreditation: What defines a quality athletic training education program?	2005-2007
Thesis	Member	Do Flex Bands, when compared to static stretching, improve hamstring and hip flexibility in the female collegiate soccer player?	2005-2006
Thesis	Chair	The effect of external ankle support on the electro-mechanical delay of the peroneus longus	2005-2006

Co-Chair	The role shoe design plays in ankle sprain rates in	2005-2006
Member	Wrote and evaluated a comprehensive	2005
	examination question in content area	
Chair	The effect of sudden inversion stress on EMG	2004-2005
	activity of the peroneal and tibialis anterior	
	muscles in chronically unstable versus stable	
	ankles	
Member	Kinematic differences between one- and two-	2003-2004
	legged landings	
Member	Ground reaction force differences between one-	2003-2004
Chair	Comparison of two PNF techniques for	2003-2004
	improvement of strength of the hamstrings	
Chair	Instructional approaches to encourage critical	2003-2004
	thinking in athletic training education	
Member	Improving quality in athletic training post-	2002-2003
	certification graduate education: Does	
Member		2001-2002
	universities	
Co-Chair	The comparison of graduation rates of athletic	2001-2002
	-	
	Member Chair Member Member Chair Chair Chair Member Member	collegiate basketball playersMemberWrote and evaluated a comprehensive examination question in content areaChairThe effect of sudden inversion stress on EMG activity of the peroneal and tibialis anterior muscles in chronically unstable versus stable anklesMemberKinematic differences between one- and two- legged landingsMemberGround reaction force differences between one- and two-legged landingsChairComparison of two PNF techniques for improvement of strength of the hamstringsChairInstructional approaches to encourage critical thinking in athletic training educationMemberImproving quality in athletic training post- certification graduate education: Does accreditation indicate quality?MemberThird-party reimbursement for head athletic trainers in NCAA-Division III colleges and universities

SERVICE

Editorial Contributions

Member, Editorial Board, Journal of Athletic Training Education & Practice, 2005 to present.

Ad Hoc Reviewer, Journal of Sports Biomechanics, 2010 to 2016.

Ad Hoc Reviewer, Athletic Training Education Journal, 2005 to present.

Ad Hoc Reviewer, Journal of Sport Rehabilitation. April 2004 to 2018.

Ad Hoc Reviewer, Journal of Athletic Training. August 2002 to present.

Ad Hoc Reviewer, *Medicine and Science in Sport and Exercise*. June 2001 to May 2012.

Book Reviews

Modalities for Therapeutic Intervention, 4th Edition, for the National Athletic Trainers' Association. *NATA News,* December 2005, pp. 56-57.

National

Site Visitor, Commission on Accreditation of Athletic Training Education, 2016 to 2019.

Conference Abstract Reviewer, American Society of Biomechanics Annual Meeting, 2009

Examiner, Athletic Training Board of Certification, Inc., 1999 to 2007.

State

Member, Illinois Association of Deans of Public Colleges of Education, 2023 to present.

University Service

Member, Provost Senior Staff and Dean's Council, Illinois State University, 2017 to present.

Member, Dean's Council, Illinois State University, 2017 to present.

Member, Council for Teacher Education, Illinois State University, 2023 to present.

Panelist, EDI Leaders Circle Symposium, Faculty/Staff Success Initiatives in CAST, February 2023.

Chair, Pre-College of Engineering Curriculum Committee, Illinois State University, Fall 2022 to Spring 2023.

Member, Academic Affairs Planning Team on Research and Graduate Studies at Illinois State University, October 2020 to February 2021.

Member, Academic Affairs Planning Team on Student Success Analysis at Illinois State University, October 2020 to February 2021.

Member, Academic Affairs Planning Team on Budget and subcommittee on Summer Session at Illinois State University, October 2020 to February 2021.

Member, Executive Planning Committee for Engineering at Illinois State University, March 2020 to January 2021.

Member, Education Planning Committee for Engineering at Illinois State University, March 2020 to January 2021.

Member, Technology Planning Committee for Engineering at Illinois State University, March 2020 to January 2021.

Member, Vice President for Academic Affairs and Provost Search Committee, Illinois State University, September 2019 to February 2020.

Member, Administrative Search Committee for CAST Director of Development, August to November 2016.

Member, Academic Facilities Advisory Committee, July 2015 to December 2016.

Member, Administrative Search Committee for Director of Graduate School, November 2014 to April 2015.

Chair, Administrative Search Committee for Director of Research and Sponsored Programs position, November 2013 to April 2014.

Member, Summer Session Advisory Committee, January 2013 to December 2016.

Member, Administrative Search Committee for Intellectual Property & Export Control Officer, December 2012 to April 2013.

Member, Task Force on Foundations of Excellence First Year and Transfer Experience at Illinois State University, October 2012 to September 2013.

Member, Campus Technology Policy and Planning Council, 2011 to 2013.

Chair, Administrative Search Committee for Director of Research and Sponsored Programs position, December 2010 to May 2011.

Member, Administrative Search Committee for Assistant Provost, Illinois State University, 2010.

Member, University Research Council, Illinois State University, 2009 to 2015.

Member, College Research Council, Illinois State University, 2009 to 2015.

Member, Academic Senate, Illinois State University, January 2008 to June 2009.

Member, Administrative Affairs and Budget subcommittee of the Academic Senate, July 2008 to June 2009.

Member, Finance and Planning subcommittee of the Academic Senate, January 2008 to June 2008.

Member, Faculty Excellence Initiative, Illinois State University, Fall 2006 to Spring 2009.

Member, Events Sub-Committee of FEI, Illinois State University, Fall 2007 to Spring 2009.

Chair, Human Subjects Research Committee (IRB), Wingate University, 1998-2000.

Chair, Business Affairs Committee, Wingate University, 1998-1999.

College Service

Chair, College Faculty Status Committee, College of Education, 2023 to present.

Ex officio, College of Education Council, 2023 to present.

Chair, College Faculty Status Committee, College of Applied Science and Technology, 2017 to 2023.

Ex officio, College of Applied Science and Technology Council, 2017 to 2023.

Chair, Administrative Search Committee for Associate Dean, College of Applied Science and Technology, September 2014 to February 2015.

Co-Chair, Ad Hoc Task Force on Interdisciplinary Curriculum Development and Research, College of Applied Science and Technology, Fall 2013 to Spring 2014.

Chair, College Information Technology Council, College of Applied Science and Technology, Fall 2011 to Spring 2017.

Chair, Ad Hoc Committee on curriculum review in telecommunications, College of Applied Science and Technology, Fall 2009 to Spring 2010.

Chair, College Research Committee, College of Applied Science and Technology, Fall 2009 to Summer 2015.

Ex Officio, College Curriculum Committee, College of Applied Science and Technology, Fall 2009 to 2016.

Member, College Faculty Status Committee, College of Applied Science and Technology, Fall 2006 to Spring 2008.

Member, Ad Hoc Committee on Professional Practice, College of Applied Science and Technology, Fall 2007 to Spring 2008.

School/Department Service

Member, Faculty Search Committee for tenure track faculty member in therapeutic recreation, Fall 2008 to Spring 2009.

Member, Administrative Search Committee for Director of the Illinois State University Motorcycle Safety Program, Department of Health Sciences, Fall 2008.

Member, Civil Service Search Committee for a Motorcycle Service Specialist for the Illinois State University Motorcycle Safety Program, Department of Health Sciences, Summer 2008.

Member, Faculty Search Committee for tenure track faculty member in exercise science, Fall 2007 to Spring 2008.

Ex Officio, KNR School Curriculum Committee, Illinois State University, Fall 2006 to Spring 2009.

Chair, KNR School Curriculum Committee, Illinois State University, 2005 to 2006.

Chair, Faculty Search Committee for tenure track faculty member in athletic training, Fall 2003 to Spring, 2004.

Member, KNR School Curriculum Committee, Illinois State University, 2003 to 2006.

Chair, Faculty Search Committee for non-tenure track faculty member in athletic training, Spring 2003.

Member, Faculty Search Committee for tenure track faculty member in exercise science, Fall 2002.

Member, Staff Search Committee for assistant athletic trainer in the Department of Athletics, Summer 2001.

Member, KNR Administrative Council, Illinois State University, 2001 to Spring 2009.

Member, KNR Student Awards and Travel Committee, Illinois State University, 2000 to Spring 2009.

Other Service

New Administrator Mentor (Tom Keyser), Founding Dean of the College of Engineering, Illinois State University, 2022 to 2024.

New Administrator Mentor (Jim Wolfinger), Dean of the College of Education, Illinois State University, 2019 to 2022.

New Administrator Mentor (Julie-Ann McFann), Center for Teaching and Learning Technology, Illinois State University, 2015 to 2018.

New Faculty Mentor (Jeremy Hawkins), College of Applied Science and Technology, Illinois State University, 2010 to 2013.

Athletic Training Undergraduate Professional Practice Coordinator, Illinois State University, School of Kinesiology and Recreation, 2003 to 2009.

Athletic Training Graduate Professional Practice Coordinator, Illinois State University, School of Kinesiology and Recreation, 2000 to 2006.

Faculty Advisor, Athletic Training Club, Illinois State University, School of Kinesiology and Recreation, 2000 to 2010.

Laboratory Coordinator, Athletic Training Instructional Laboratory, Illinois State University, School of Kinesiology and Recreation, 2000 to 2009.

Workshops Developed or Hosted for Faculty and Staff

"Facilitating Dialogue on Controversial Issues." Presented by Student Affairs Staff. Hosted multiple sessions for faculty and staff, Spring 2021.

"The Truth about Microaggressions." Presented by Student Affairs Staff. Hosted for faculty and staff, Spring 2021.

"Decolonizing Our Classrooms and Course Materials." Presented by Student Affairs Staff. Hosted for faculty and staff, Spring 2021.

"The Power of Empathy and its Impact on Diversity, Equity, and Inclusion." Presented by Student Affairs Staff. Hosted multiple sessions for faculty and staff, Spring and Fall 2020.

"Stereotypes, Myths, and Misconceptions: What You Believe Matters." Presented by Student Affairs Staff. Hosted multiple sessions for the faculty and staff, Fall 2019.

"Courageous Conversations." Facilitated by college faculty and staff. Developed and hosted multiple sessions in conjunction with the Dean of the College of Arts and Sciences for faculty and staff members, Spring 2019.

"CAST Connections." Developed with CAST Alumni and attended by current students, Fall 2018 and Fall 2019.

"Cultural Competence and Diversity in CAST." Facilitated by alumnus for the 2016 CAST Administrative Retreat, July 2016.

"Use of Individualized Development & Educational Assessment in CAST." Presented to firstyear faculty members. Annually 2009 to 2022.

"Interpretation of Individualized Development & Educational Assessment in CAST." Presented to first-year faculty members. Annually 2010 to 2023.

"Approved clinical instructor workshop." Presented at Illinois State University for clinical instructors affiliated with the athletic training education program. December 2000 and annually from August 2001 to 2008.

PROFESSIONAL DEVELOPMENT

Workshops Attended (since 2016)

Crisis Leadership in Higher Education. John F. Kennedy School of Government at Harvard University, Cambridge, MA, March 2 to 5, 2020.

Institute for Management and Leadership in Education (MLE). Harvard University Graduate School of Education, Cambridge, MA, June 19 to July 1, 2016.

Spectrum Aspiring Leaders Program. American Council on Education, Las Vegas, NV, April 21-22, 2016.

Professional Fundraising for Deans and Academic Leaders. Advancement Resources, La Jolla, CA, February 4-5, 2016.

Organization Memberships

National Athletic Trainers' Association. 1987 to present.

Great Lakes Athletic Trainers' Association, 1987 to 1996, 2000 to present.

Illinois Athletic Trainers' Association, 2001 to present.

Illinois Association for Health, Physical Education, Recreation, and Dance, 2001 to 2010.

Mid-Atlantic Athletic Trainers' Association, 1996 to 2000.

North Carolina Athletic Trainers' Association, 1996 to 2000.

Ohio Athletic Trainers' Association, 1989 to 1996.

Certifications and Licenses

Licensed Athletic Trainer, State of Illinois, 2000 to present.

Licensed Athletic Trainer, State of North Carolina, 1998 to 2000.

Licensed Athletic Trainer, State of Ohio, 1991 to 1996.

Certified Athletic Trainer, National Athletic Trainers' Association Board of Certification, March 3, 1989 to present.

Secondary Education Teaching License, Health and Biological Sciences Teacher, Ohio State Board of Education, July 1, 1989 to June 30, 1993.

AWARDS AND HONORS

Distinguished Service Award, Illinois State University, Normal, IL. 2017.

Fellowship; Association for Institutional Research, National Center for Education Statistics, & National Science Foundation, Washington, D.C., July 17-23, 2011.

Student Mentor Award, Illinois Association for Health, Physical Education, Recreation & Dance. Mentored Justin Stanek in project and presentation titled, "The effect of perturbed gait on selected muscles of the kinetic chain." Fall, 2008.

Student Mentor Award, Illinois Association for Health, Physical Education, Recreation & Dance. Mentored Audrey Hansen in project and presentation titled, "What defines a quality athletic training education program: Excellence beyond accreditation." Fall, 2007.

Student Mentor Award, Illinois Association for Health, Physical Education, Recreation & Dance. Mentored Audrey Hansen in project and presentation titled, "The amplitude of peroneal muscle force associated with normal versus perturbed gait." Fall, 2005.

Student Mentor Award, Illinois Association for Health, Physical Education, Recreation & Dance. Mentored Audrey Hansen in project and presentation titled, "A comparison of ankle muscle activity following sudden ankle inversion during walking and standing." Fall, 2004.

Student Mentor Award, Illinois Association for Health, Physical Education, Recreation & Dance. Mentored Kate Murphy in project and presentation titled, "Functional effects of inertial training of the upper extremity." Fall, 2002.